



3,000m Steeplechase (Women) - 8:45 a.m.

Alicia Stamey

5,000 Meters (Women) - 9:15 a.m.

Jennifer Bennett, Hannah Bourque,
Amber Desselle, Annie Jung, Cori Mitchell,
Julia Palin, Allyson Seals

100 Meters - B Section (Women) - 9:40 a.m.

Mercy Abire, Shayna Yon

100 Meters - B Section (Men) - 9:55 a.m.

Xavier Mulugata

Long Jump - B Section (Men) - 10 a.m.

Jace Attuso

1,500 Meters - B Section (Women) - 10:10 a.m.

Caroline Saucier, Allyson Seals, Amelie Whitehurst

1,500 Meters - B Section (Men) - 10:35 a.m.

DC Lipani

Pole Vault (Women) - 10:45 a.m.

Amy Stelly

400 Meters - B Section (Men) - 11:25 a.m.

Jared Cyprian

200 Meters - B Section (Men) - 11:55 a.m.

Xavier Mulugata

High Jump (Women) - 12 p.m.

Abby O'Donoghue, Kaitlyn Walker

800 Meters - B Section (Men) - 12:22 p.m.

Zack Burnett, Luke Hebert

2 p.m. - 4x100m Relays - Women, Men

Hammer Throw (Men) - 2 p.m.

Jake Norris

Pole Vault (Men) - 2 p.m.

Chadd Burns, Mondo Duplantis, Cameron Reed

1,500 Meters (Women) - 2:27 p.m.

Sara Funderburk, Hollie Parker

Long Jump Inv. (Women) - 2:30 p.m.

Mercy Abire*

Long Jump Inv. (Men) - 2:30 p.m.

Rayvon Grey*, Kenan Jones

LSU Alumni Gold Competition Guide Saturday - April 20

1,500 Meters (Men) - 2:33 p.m.

Eric Coston, Adam Wise

100m Hurdles (Women) - 2:40 p.m.

Brittley Humphrey*, Tonea Marshall*, Milan Young

110m Hurdles (Men) - 2:50 p.m.

Arthur Price*, Damion Thomas*

400 Meters (Women) - 2:55 p.m.

Rachel Misher, Kiya Oviosun

400 Meters (Men) - 3 p.m.

Dorian Camel, Raymond Kibet, Tyler Terry

High Jump (Men) - 3 p.m.

JuVaughn Harrison*

100 Meters (Women) - 3:05 p.m.

Ariyonna Augustine, Cassondra Hall, Sha'Carri Richardson*

100 Meters (Men) - 3:12 p.m.

Akanni Hislop, Kary Vincent Jr.

800 Meters (Women) - 3:20 p.m.

Ersula Farrow, Katy-Ann McDonald

400m Hurdles (Women) - 3:30 p.m.

Jurnee Woodward*, Milan Young

400m Hurdles (Men) - 3:35 p.m.

Christian Boyd

200 Meters (Women) - 3:40 p.m.

Ariyonna Augustine, Cassondra Hall, Sha'Carri Richardson*

Triple Jump (Women) - 3:45 p.m.

Kyndal McKnight

Triple Jump (Men) - 3:45 p.m.

Da'Quan Bellard, Christian Miller

200 Meters (Men) - 3:50 p.m.

Jaron Flournoy, Akanni Hislop, Correion Mosby

4:20 p.m. - 4x400m Relays - Women, Men

*Athletes that have an asterisk besides their name are ranked in the top-10 nationally in their event