



2026 FINAL Time Schedule

Field Events

9:30 AM	Women's Hammer (West Cage)
10:45 AM	Men's Hammer (West Cage)
11:30 AM	Men's Pole Vault
12:00 PM	Women's High Jump
12:00 PM	Men's Discus (Cage TBD)
12:30 PM	Women's Shot Put
12:45 PM	Women's Long Jump
12:45 PM	Men's Long Jump
1:30 PM	Women's Pole Vault
1:15 PM	Women's Discus (Cage TBD)
1:30 PM	Men's High Jump
1:45 PM	Men's Shot Put
2:00 PM	Men's Triple Jump
2:00 PM	Women's Triple Jump
2:30 PM	Men's Javelin (West Runway)
2:30 PM	Women's Javelin (East Runway)

Running Events

1:00 PM	Women's 400 Meter Relay
1:05 PM	Men's 400 Meter Relay
1:10 PM	Women's 1500 Meters
1:20 PM	Men's 1500 Meters
1:30 PM	Women's 100 Hurdles
1:40 PM	Men's 110 Hurdles
1:50 PM	Women's 400 Meters
1:55 PM	Men's 400 Meters
2:10 PM	Women's 100 Meters
2:25 PM	Men's 100 Meters
2:35 PM	Women's 800 Meters
2:40 PM	Men's 800 Meters
2:45 PM	Women's 400 Hurdles
2:50 PM	Men's 400 Hurdles
3:00 PM	Women's 200 Meters
3:10 PM	Men's 200 Meters
3:20 PM	Women's 1600 Meter Relay
3:25 PM	Men's 1600 Meter Relay