



LSU XC Invitational
University Club

Invited Teams

Email rfranks1@lsu.edu if interested in competing at any LSU cross country or indoor meets.

Important Dates & Deadlines

All times listed are Central Time (CST)

Tuesday, September 9th	3:00pm	Deadline to enter LSU XC Invitational -Entries are unlimited in number of each race -Entries are completed on www.directathletics.com
Friday, September 12th	7:00am	Packet pickup available at the coach's hospitality -Light breakfast snack available
	7:45am	National Anthem 30min before first race
	8:15am	Men's 2 x 4k relay
	9:00am	Women's 2 x 3k relay

Meet Information

Address of the course: Below is the address to the course.
LSU UREC Field Complex
Gourrier Ave..
Baton Rouge, LA 70820
(entrance is across street from Companion Animal Alliance)

Course Description: The course is flat course on manicured rec recreation fields. Footing is extremely good. Course will be marked with flagging, paint and cones.

Entry Fee: \$350 per school per gender. Unlimited 2 person relays per school.
Email rfranks1@lsu.edu for entry.

Locker Rooms: There are no locker rooms, showers, or dressing rooms onsite

Parking: Across the street there is a large gravel parking lot (South Levee Lot)

Results: Results will be posted at <https://lsusports.net/meetinfo/>

Starting Box Assignments: At packet pick-up each team will have been assigned to a starting box that will be painted on the starting line.

Team Set-up Area: There will be a designated area where teams can set up tarps, tents, chairs, etc. The team set up area is within 100m of the finish line. The start line is approximately 400m from the team tent area. Portable restroom facilities will be available in the immediate vicinity of the team area.

