



## 2024 TIME SCHEDULE LISTED BELOW FOR APPROXIMATION

2025 FINAL TIME SCHEDULE WILL BE POSTED AFTER ENTRIES CLOSE

### Field Events

Time	Event	Division	Round	Advance
10:00am	Weight Throw	Women	Trials & Final	9
11:30am	Weight Throw	Men	Trials & Final	9
1:00pm	Pole Vault	Men	Final	
1:00pm	Shot Put	Women	Trials & Final	9
1:00pm	Long Jump	Men	Trials & Final	9
1:30pm	High Jump	Men	Final	
1:30pm	Long Jump	Women	Trials & Final	9
2:30pm	Shot Put	Men	Trials & Final	9
3:00pm	Triple Jump	Men	Trials & Final	9
3:00pm	Triple Jump	Women	Trials & Final	9
3:00pm	Pole Vault	Women	Final	
3:30pm	High Jump	Women	Final	

### Running Events

Time	Event	Division	Round	Advance
1:00pm	Mile	Women	Final	
1:20pm	Mile	Men	Final	
1:50pm	60 Meter Hurdles	Men	Semi-Final	8
2:00pm	60 Meter Hurdles	Women	Semi-Final	8
2:10pm	60 Meters	Women	Semi-Final	8
2:40pm	60 Meters	Men	Semi-Final	8
3:10pm	60 Meter Hurdles	Women	Final	
3:15pm	60 Meter Hurdles	Men	Final	
3:20pm	60 Meters	Women	Final	
3:25pm	60 Meters	Men	Final	
3:30pm	400 Meters	Women	Final (Sections against time)	
3:45pm	400 Meters	Men	Final (Sections against time)	
4:05pm	800 Meters	Women	Final (Sections against time)	
4:15pm	800 Meters	Men	Final (Sections against time)	
4:25pm	200 Meters	Women	Final (Sections against time)	
4:40pm	200 Meters	Men	Final (Sections against time)	
4:55pm	3000 Meters	Women	Final	
5:10pm	3000 Meters	Men	Final	
5:20pm	4x400 Meter Relay	Women	Final (Sections against time)	
5:35pm	4x400 Meter Relay	Men	Final (Sections against time)	