



LSU XC Invitational

University Club

UPDATED NEW COURSE AS OF 9/1/24!

Invited Teams

Email andyddl@lsu.edu if interested in competing at any LSU cross country or indoor meets.

Important Dates & Deadlines

All times listed are Central Time (CST)

Tuesday, September 10th	3:00pm	Deadline to enter LSU XC Invitational -Entries are unlimited in number of each race -Entries are completed on www.directathletics.com
Friday, September 13th	7:00am	Packet pickup available at the coach’s hospitality -Light breakfast snack available
	7:45am	National Anthem 30min before first race
	8:15am	Men’s 2 x 4k relay
	9:00am	Women’s 2 x 3k relay

Meet Information

Entry Fee: \$350 per school per gender. Unlimited 2 person relays per school.
Email andyddl@lsu.edu for entry.

Address of the course: You can use 2550 Gourrier Avenue as the closest actual address which is an animal adoption building. However, the course/rec field is across the street on the north side of Gourrier.

LSU UREC Field Complex ← UPDATED NEW COURSE AS OF 9/1/24!
Gourrier Ave
Baton Rouge, LA 70820

Parking: Use the Levee Lot for team parking. Look for entrances off of River Rd. / Skip Bertman Drive.
Levee Lot
Gourrier Ave
Baton Rouge, LA 70820

Course Description: The course is flat with minor dips along the way. The course primarily consists of well-groomed grass with mats placed down in areas where athletes will cross cement and/or asphalt. Check back for course map if it’s currently not posted within this document.

Team Set-up Area: There will be a designated area where teams can set up tarps, tents, chairs, etc. The team set up area is within 100m of the start/finish line. Portable restroom facilities will be available in the immediate vicinity of the team area.

Starting Box Assignments: At packet pick-up each team will have been assigned to a starting box that will be painted on the starting line.

Locker Rooms: There are no locker rooms, showers, or dressing rooms onsite.

Results: Results will be posted at <https://lsusports.net/meetinfo/>