



2023 TIME SCHEDULE LIST BELOW FOR APPROXIMATION

2024 FINAL TIME SCHEDULE WILL BE POSTED AFTER ENTRIES CLOSE

Field Events

Time	Event	Division	Round	Advance
10:00am	Weight Throw	Women	Trials & Final	9
11:30am	Weight Throw	Men	Trials & Final	9
1:00pm	Pole Vault	Men	Final	
1:00pm	Shot Put	Women	Trials & Final	9
1:00pm	Long Jump	Men	Trials & Final	9
1:00pm	Long Jump	Women	Trials & Final	9
1:00pm	High Jump	Men	Final	
2:30pm	Shot Put	Men	Trials & Final	9
2:30pm	Triple Jump	Men	Trials & Final	9
2:30pm	Triple Jump	Women	Trials & Final	9
2:45pm	High Jump	Women	Final	
3:00pm	Pole Vault	Women	Final	

Running Events

Time	Event	Division	Round	Advance
1:00pm	60 Meter Hurdles	Men	Preliminaries	8
1:10pm	60 Meter Hurdles	Women	Preliminaries	8
1:20pm	60 Meters	Women	Preliminaries	8
1:45pm	60 Meters	Men	Preliminaries	8
2:15pm	Mile	Women	Final	
2:25pm	Mile	Men	Final	
2:40pm	60 Meter Hurdles	Women	Final	
2:45pm	60 Meter Hurdles	Men	Final	
2:50pm	400 Meters	Women	Final (Sections against time)	
3:05pm	400 Meters	Men	Final (Sections against time)	
3:20pm	60 Meters	Women	Final	
3:25pm	60 Meters	Men	Final	
3:30pm	800 Meters	Women	Final (Sections against time)	
3:35pm	800 Meters	Men	Final (Sections against time)	
3:45pm	200 Meters	Women	Final (Sections against time)	
4:00pm	200 Meters	Men	Final (Sections against time)	
4:10pm	3000 Meters	Women	Final	
4:25pm	3000 Meters	Men	Final	
4:40pm	4x400 Meter Relay	Women	Final (Sections against time)	
4:45pm	4x400 Meter Relay	Men	Final (Sections against time)	