



## Invited Teams

U. of New Orleans, Dillard University, Xavier U., Alcorn State U., Mississippi Valley State U., U. of Mobile.

## Important Dates & Deadlines

*All times listed are Central Time (CST)*

<b>Tuesday, February 14<sup>th</sup></b>	<b>3:00pm</b>	Deadline to enter the LSU Twilight
<b>Wednesday, February 15<sup>th</sup></b>	<b>3:00pm</b>	Performance list and final time schedule will be posted at <a href="http://www.LSUsports.net/meetinfo">www.LSUsports.net/meetinfo</a>
<b>Friday, February 17<sup>th</sup></b>	<b>8am-12pm</b>	Packet pickup available at the Carl Maddox Fieldhouse Ticket Office

## Meet Information

<b>Athlete Check-In</b>	Running Events: Athletes must check in before the start of the preceding event at the Clerking Station, accessible through the Northwest Portal of Carl Maddox Fieldhouse. Relay teams must turn in a relay card when they check in with the Clerk. All athletes must have their spikes checked prior to check-in.  Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge at the event site. All athletes must have their spikes checked prior to check-in.
<b>Teams/Athletes</b>	Team backpacks and other necessary team supplies are permitted for those wearing a wristband. Teams may bring snacks into the purple bleachers through the Southwest portal. Only water is permitted through the Northwest portal and in the aluminum bleachers around the perimeter of the facility and on the track surface. No coolers are permitted in Carl Maddox Fieldhouse.
<b>Spectators</b>	LSU has implemented the Geaux Clear bag policy for all athletic venues. For the safety and security of everyone in attendance, all patrons entering the Maddox Fieldhouse must abide by the clear bag policy. Please visit <a href="http://www.LSUSports.net/GeauxClear">www.LSUSports.net/GeauxClear</a> for additional information.
<b>Coaching Access</b>	Coaches will be able to coach from outside the perimeter of the track. Coaches are not allowed on the infield of the track. Athletes are not to cross the track to receive coaching at any time.
<b>Electronic Devices</b>	NCAA rules pertaining to electronic equipment will be strictly enforced on the arena floor of the Fieldhouse. Electrical outlets around the facility are not available for personal use.
<b>Entry Fees</b>	Entry fees are \$500 per team (men and women are considered separate teams). Entry fees will be collected at packet pickup. Checks should be made payable to the <b>LSU Athletic Department</b> . A team with fewer than 10 competitors will be charged \$50 per athlete. Please do not mail payment.
<b>Entry Limitations</b>	Unlimited entries on the track; 2 entries per school in the field events. Additional entries in the field events are permitted if an athlete has met the standards below in collegiate competition during the 2021 or 2022 season (verified by TFRRS).

	High Jump	Pole Vault	Long Jump	Triple Jump	Shot Put	Weight Throw
<b>Women</b>	1.73m	3.85m	6.30m	12.80m	14.00m	16.50m
<b>Men</b>	2.09m	4.85m	7.77m	15.85m	15.50m	17.00m

**Entry Procedure** All entries will be done through [www.DirectAthletics.com](http://www.DirectAthletics.com). No faxed, emailed or phoned entries will be accepted.

**Facility** Carl Maddox Fieldhouse on the campus of LSU is a 1,500-seat facility that was renovated in 2014. It is a flat 200-meter Mondo track surface with six 42" wide lanes on the oval and eight lanes on the straightaway. The facility contains two wooden horizontal jumps runways. The throwing circles are plywood.

**Facility Access** Team access to Bernie Moore Track and Carl Maddox Fieldhouse will begin 2 hours prior to the first event.

**Field Events** Minimum marks and approximate starting heights are listed below. In the horizontal jumps and throws, the first legal mark will be measured; all further marks must meet the minimums. Please do not bring athletes who cannot meet the opening height. Exact starting heights will be determined by meet management after all entries are received.

Minimum Marks & Anticipated Starting Heights						
	High Jump	Pole Vault	Long Jump	Triple Jump	Shot Put	Weight Throw
<b>Women</b>	1.63m 5'4.25"	3.66m 12'0"	5.49m 18'0"	11.58m 38'0"	12.00m 39'4.5"	14.00m 45'11.25"
<b>Men</b>	1.93m 6'4"	4.57m 15'0"	7.01m 23'0"	14.02m 46'0"	14.00m 45'11.25"	16.00m 52'6"

**Food & Drink** Teams may bring snacks into the purple bleachers in Carl Maddox Fieldhouse through the Southwest portal. Only water is permitted through the Northwest portal and in the aluminum bleachers around the perimeter of the facility and on the track surface.

**Heat Sheets & Live Results** Heat sheets will be in your packet at check in. Individual event results will be posted at [results.deltatiming.com/lsu](http://results.deltatiming.com/lsu). Final results will be available from the press box after the meet and will be posted on [results.deltatiming.com/lsu](http://results.deltatiming.com/lsu).

**Media Contact** All sports information and media credential requests should be done through [trackandfield@lsu.edu](mailto:trackandfield@lsu.edu). These can be picked up from the Press Box inside the Fieldhouse.

**Meet Admission** Athletes and Coaches: Enter at Northwest portal by presenting your wristband.  
Spectators: Enter at Southwest portal. There is no charge for admission

**Parking** Parking is available at the Bernie Moore Lot (lot 104) off Nicholson Drive. Buses may drop off and pick up along Chimes Street North of the Fieldhouse in the designated area; see attached bus routing map. Buses may not stage along Chimes Street, please call your bus driver when your team is ready to be picked up. Bus parking will be in the designated lot off Skip Bertman Drive. Any illegally parked vehicles may be subject to ticketing and towing.

**Preferred Lanes** Straightaway: 5-6-4-3-7-2-8-1  
Oval: 5-6-4-3-2-1

**Pre-Meet Practice** Email [trackandfield@lsu.edu](mailto:trackandfield@lsu.edu) for Carl Maddox Fieldhouse availability.

**Restrooms** Restrooms will be available inside Carl Maddox Fieldhouse in the Southeast corner. These restrooms can only be accessed from the purple bleachers. Portable restrooms will be available outside the Northwest and Southwest portals of Carl Maddox Fieldhouse. There are no shower or changing facilities available.

**Scoring** Non-scored

**Spike Check** Only 1/4" pyramid spikes are permitted (3/8" recessed pyramid spikes are permitted for High Jump). All spikes must be presented and checked at the spike check window inside Gate 13 at Bernie Moore Track. Spikes must be checked prior to accessing Bernie Moore Track or entering Carl Maddox Fieldhouse. Athletes will not be allowed to compete without having their spikes tagged. Any athletes competing with non-tagged spikes will be disqualified.

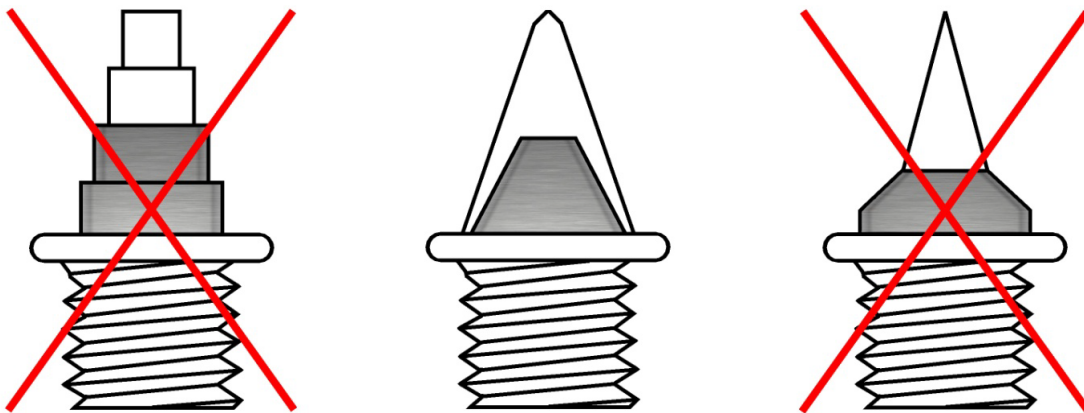
<b>Sports Medicine</b>	Trainers will be available in the Northeast Portal of Carl Maddox Fieldhouse for emergencies. Team trainers may set up on a first come, first served basis in the designated area in the Northwest Portal of Carl Maddox Fieldhouse.
<b>Tape</b>	Tape for any marking on the track must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified.
<b>Team Camps</b>	Visiting teams may set up camps in the aluminum bleachers outside the perimeter of the track. Only water is permitted in this area; team snacks may be kept in the purple bleachers in Carl Maddox Fieldhouse. No coolers are permitted inside the Fieldhouse.
<b>Track Access</b>	Wristbands for athletes and 5 additional wristbands for coaches and support staff per gender will be included in the packets. Athletes and coaches will not be permitted to access the facility without a wristband. The backstretch, Long Jump, and High Jump areas will be closed during the Weight Throw competition.
<b>Unattached/ Elite Entries</b>	<p>Only two types of unattached athletes will be considered for this meet: unattached college students and elite/professional athletes. All athletes must request permission from meet management to enter the meet. The deadline to request permission is 1 week prior to the meet date. Unattached athlete entry requests must be made online using the form available at <a href="http://www.LSUports.net/meetinfo">www.LSUports.net/meetinfo</a>. Click on "Elite / Unattached Entry Info." <b><u>The online request does not guarantee acceptance into the meet.</u></b> A member of our team will be in touch with you no later than the Tuesday morning prior to the meet date to confirm your acceptance into the meet and provide you with a password to officially enter the meet using Direct Athletics.</p> <p><b><u>All meet entries will be done through <a href="http://www.DirectAthletics.com">www.DirectAthletics.com</a> before the entry deadline.</u></b> You will need an individual account; please set this up in advance of the entry deadline as it takes several days to process. NO PHONE or EMAIL entries will be accepted. A \$50 entry fee must be paid online with a credit card at the time of entry for post-collegiate entries. Check the performance list online to make sure you don't miss your event.</p>
<b>Warm-ups</b>	<p>Bernie Moore Track will be available for warm ups.</p> <p>Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition. Warm ups for field events will be terminated ten minutes prior to the scheduled start of the event.</p>
<b>Weigh-Ins</b>	Implement inspections will be held in the Implement Weigh In Room inside the Northwest Portal of Carl Maddox Fieldhouse. Inspections for all throwing events will begin 2 hours prior to the scheduled start of competition and will terminate 60 minutes prior to the scheduled start of competition in each throwing event. Implements will be transported to the event site 60 minutes prior to the scheduled start of competition.
<b>Further Information</b>	For further information, contact the LSU Track & Field Office at (225) 578-8627 or <a href="mailto:trackandfield@lsu.edu">trackandfield@lsu.edu</a> .

*Louisiana State University, the Athletics Department, and Event Management are not responsible for any lost or stolen items. Please leave all valuables and personal items at home. LSU Athletics does not provide security for monitoring personal belongings.*

# FACILITY REGULATIONS

## SPIKES

- All spikes must be checked outside at Gate 13 of Bernie Moore Track. Spikes must be checked prior to accessing Bernie Moore Track or entering Carl Maddox Fieldhouse. Athletes will not be allowed to compete without having their spikes tagged. Any athletes competing with non-tagged spikes will be disqualified.
- Acceptable spikes:
  - 1/4" pyramids



## TAPE

- Tape for any marking on the track surface must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified

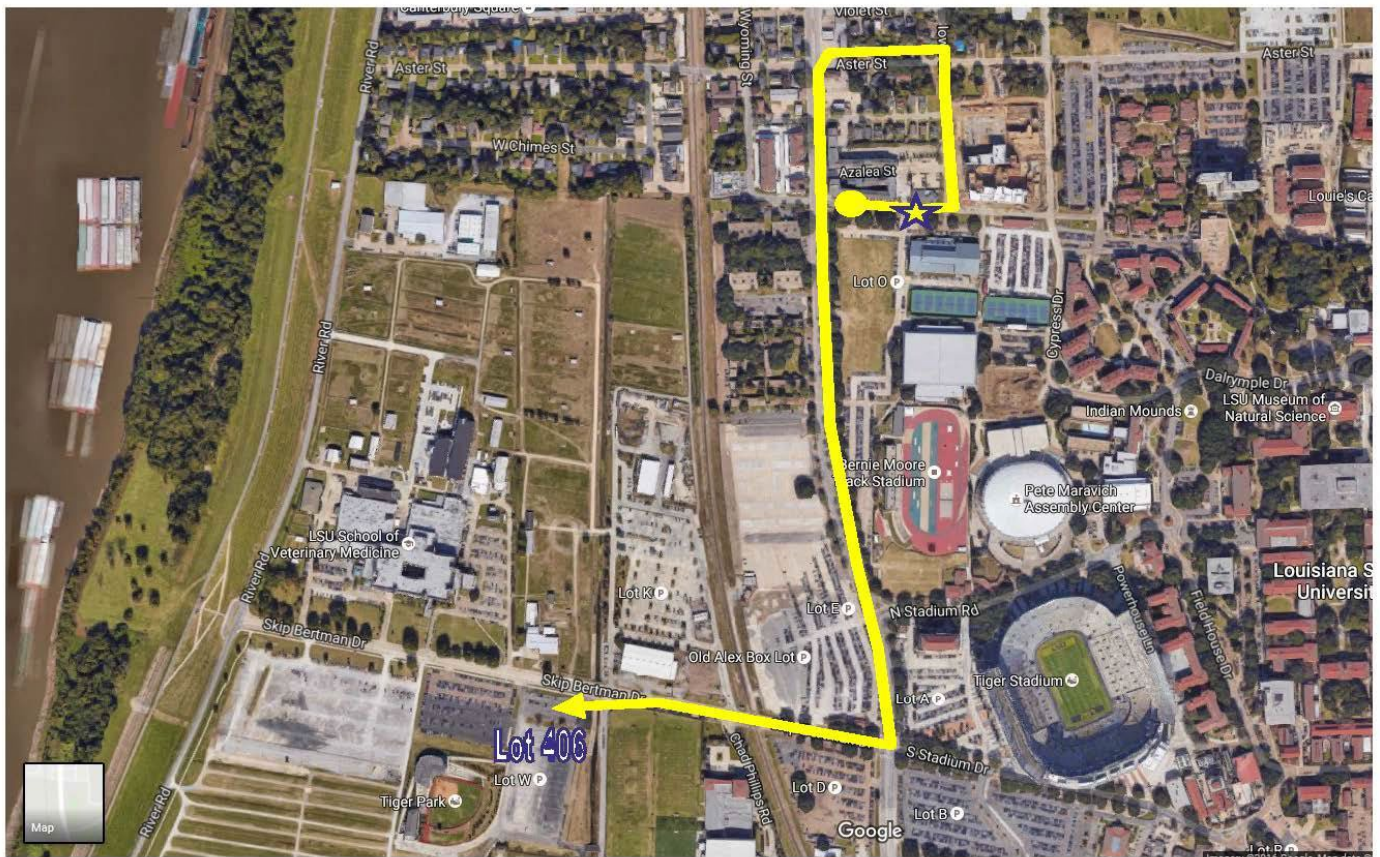
## FOOD & DRINK

- Water is the only permitted drink allowed on the rubber surface at Bernie Moore Stadium and inside Carl Maddox Fieldhouse
- Team food is only permitted in the bleachers at Bernie Moore Stadium

## BAGS

- Only shoe bags & drawstring bags are permitted inside Carl Maddox Fieldhouse. No bags of excessive size (backpacks, duffel bags, suitcases, coolers) are permitted inside the Fieldhouse.

# PARKING MAP & BUS FLOW TRAFFIC



## Coming from West on Interstate 10:

Take I-10 to the Nicholson Drive/Highland Road exit (Exit 155A). Keep right and turn right onto Terrace Street. Turn left onto Nicholson Drive and proceed 1.5 miles and turn left on West Chimes Street. If you reach North Stadium Drive (and Tiger Stadium) you have gone too far. Bus drop off is on West Chimes Street at the entrance to Lot 105.

## Coming from East on Interstate 10:

1) Take I-10 to Highland Road (La. 42, exit 166). Turn left onto Highland Road and proceed 10.5 miles until reaching South Quad Drive on the left. Drive 0.9 miles until reaching Nicholson Drive (La. 30). Turn right onto Nicholson Drive and proceed 0.3 miles just past North Stadium Drive (and Tiger Stadium). Go past Bernie Moore Stadium and Carl Maddox Fieldhouse and turn right on West Chimes Street. Bus drop off is on West Chimes Street at the entrance to Lot 105.

2) Take I-10 to Acadian Thruway (La. 427, exit 157B). Turn left onto Acadian Thwy. and proceed 2.0 miles until reaching Highland Rd. (note that Acadian becomes Stanford Ave. and then LSU Ave.). Turn right onto Highland Road and proceed 0.4 miles until reaching South Quad Drive on the left. Drive 0.9 miles until reaching Nicholson Drive (La. 30). Turn right onto Nicholson Drive and proceed 0.3 miles just past North Stadium Drive (and Tiger Stadium). Go past Bernie Moore Stadium and Carl Maddox Fieldhouse and turn right on West Chimes Street. Bus drop off is on West Chimes Street at the entrance to Lot 105.